

Class Descriptions For January 20-22 BOW

Walking/Hiking/Physical Exertion

Level 1 - Easy (a walk that generally suitable for anyone)

Level 2 - Strolling (some simple inclines)

Level 3 - Moderate (terrain will involve a steady incline)

Level 4 - Strenuous: you might work up a sweat (terrain will involve a steep incline and may include rock scrambling)

ARIZONA WILD FOODS Level 2

Tap into your inner locavore and learn about ancient and new wild foods in Arizona that are relevant to today's health-conscious and slow food movements. The session will cover the basics of identification, seasons and settings, safe and ethical collection, historic and current uses, methods of preparation, and valuable references to get you started. The material will touch on wild foods throughout the state, whether you're munching on mountaintops, grazing in grasslands, dining on deserts, or noshing around the neighborhood. Instruction will be held in both the classroom and field.

ARCHERY Level 2

A hands-on course where participants learn proper shooting form and technique as well as safety. Explore a variety of bows and what each one has to offer in the sport. Learn about the development of archery through the ages. Besides gaining knowledge about target archery, attendees find out about field archery and 3-D archery. students are welcome to bring their own equipment.

AXE THROWING/GOLD PANNING Level 3

Join the Triangle Y team in a split course of axe throwing. Yes, you will be throwing an axe at a target! Not as easy as it looks. You will also be introduced to the art of gold panning. You can keep all the gold that you find and you will find some.

BASIC FIREARM SAFETY Level 1 *A prerequisite for rifle and handgun.*

This class will be held entirely in a classroom setting. imperative for the novice and a refresher course for the more experienced shooter, this class covers basic gun safety, identifying different types of firearms and ammunition, range safety rules and protocols. How to handle a malfunction, and definitions of commonly used terms. You need only take this class once. *A prerequisite for shotgun, rifle and handgun. There is no actual discharge of firearms in this class.*

BIRD WATCHING Level 3

There are over 800 species of birds to see and marvel at in the United States. Come learn how to use binoculars and field guides, locate and identify birds, and see your surroundings through new eyes. You will learn how to use a bird's distinguishing characteristics, behavior, and habitat in order to identify a species and understand how it lives. Most of the class is hands-on, you will venture out to put some of your newfound knowledge to the test and start a lifetime of birding enjoyment. Please bring binoculars and bird book if you have them.

CAVING Level 4

It is a field trip to Peppersauce Cave with the Triangle Y staff! Peppersauce Cave feels very different from better-known cave systems that feature guided tours, parking lots, and paths with handrails. Experience the "Rock Slide" and the "Birthing Canal" but you will get muddy!

CLIMBING TOWER/ZIP LINE Level 4

The Triangle Y staff will navigate you through this adrenaline producing session. The Alpine Tower stands 50 feet tall and weighs over 18,000 pounds. It is designed to offer a tremendous variety of challenges and group initiatives. Coming off of the Alpine Tower hillside are dual zip lines that will travel over a desert canyon to a soft landing 600 feet away.

DAY HIKING 101 Level 2

Despite what the glossy magazine pictures will show you, it isn't required that you spend two months of your annual salary for backpacking gear. This class will help prepare you for a comfortable and enjoyable overnight hike into the wilderness. Together, we will talk about the ten essentials, safety considerations, Leave No Trace principles, as well as gear and equipment selection.

GAME & FISH COOKING Level 1

With few steps and a little common sense, game meat can be healthy and tasty substitute in many recipes. This class will actually prepare and serve the dishes for the evenings "Game Tasting." Recipes will depend upon game and/or fish available at the time of the class.

GPS/GEOCACHING Level 3

Learn how to use your pocket-sized navigator to pinpoint your location, mark waypoints and navigate to distant points. The instructor will review the features to consider when choosing a receiver. Then, it is a treasure hunt! Join the worldwide fun of geocaching, a great way to get your tech savvy family outside. You will take your new skills and your GPS to find "treasures" near the camp. If you own a GPS unit, please bring it to the class. Let us know if you need a loaner unit.

GUN DOG TRAINING Level 3

Game birds abound in our state and Southern Arizona shows off by offering three species of quail. Do you love dogs? Ever wonder what it would be like to have and train your own gun dog? There is nothing more beautiful than a dog on point with another honoring! Join members of the North American Versatile Hunting Dog Association for an introduction to gun dog training. You will help out in a training session and learn how training techniques differ depending on the individual dog's temperament. You might just find a new or maybe a renewed passion!

HANDGUN BASICS Level 2

This class will be held on the range. Participants will learn basic handgun safety and marksmanship. Ammunition and firearms provided by the instructors. **The Basic Firearms Safety course, even if taken in prior years, or the AZ Hunter Education Certification is a prerequisite for this course. Sorry, but a Conceal Carry Permit does not satisfy the prerequisite.**

JAVELINA HUNTING Level 3

Javelina are not rodents! They are a collared peccary and a relative newcomer to the Sonoran desert. Learn about the habits of these fascinating critters and how to hunt them. Your tool of choice could be bow, rifle, handgun or camera. The techniques are the same.

KNOTS & KNIVES Level 1

In this hands on class you will learn some basic useful knots for multiple uses like tying down loads. Learn a trucker hitch, a bowline and a clove hitch to name a few. You will also learn about different types of rope and what applications they are useful for. In the second half of this class you will sharpening knives using stones and V blocks. Bring a dull knife from home and we will see what happens.

BASIC LAND NAVIGATION Level 2

This course includes classroom and field exercises in map and compass reading. Students will learn to accurately read a US Geological Survey (USGS) map, and how to use them for hiking, hunting, fishing and backpacking trips into wilderness and backcountry areas. Students also learn how to use a hand-held compass and to determine their location and course direction on a USGS map. Practical use of these tools to test your skills will follow class instruction. This is a must for active outdoor enthusiasts who like to get off the trail.

RIFLE MARKSMANSHIP Level 1

This class will be held on the range. Students learn rifle handling, different shooting positions and techniques on paper targets using .22 caliber rimfire or air rifles. *The Basic Firearms Safety course, even if taken in prior years, or the AZ hunter education Certification is a prerequisite for this course. Sorry, but a Conceal Carry Permit does not satisfy the prerequisite*

OPTICS 101 Level 3

Are you a birder, a hunter, a nature lover or maybe just a wannabe? The right choice of optics can really enhance your outdoor adventures. You will learn about magnification, objective and ocular lenses, eye relief and exit pupil. There may even be a bit of math involved (YIKES!) but it is easy stuff. Then we will go afield and see what we can see.

OUTDOORS PHOTOGRAPHY 101 Level 3

Start Getting Composed: Tell the story Elevate yourself from simply “taking pretty pictures” to learning the secrets of designing artwork that engages, tells a story, and moves your audience. Did you know you can literally control which parts of your image the audience will see first, second, and last? You can control the mood, energy, and even how long someone gazes upon your work. Learn how to strategically use elements of composition and light to take your artistry to the next level. Class will be part classroom/part field with guidance. Gear: Any camera is welcome. Even your cell phone.

OUTDOORS PHOTOGRAPHY 102 Level 3

Using your knowledge from the 101 class we take things a step farther. Learn how use the images to tell a story, or advocate for conservation, or bring an issue your passionate about to light. Learn to edit to bring the most important parts to life.

PREDATOR CALLING: PHOTO OPPORTUNITY Level 3

Hunting the hunters! Want to experience pure adrenaline? It is tough to beat the excitement of seeing a coyote or fox come in to the sights and sounds of wounded prey. Join members of the Arizona Predator Callers. They will explain the basic techniques for fooling those animals at the top of the food chain. Afterwards, participants will take short hike (level 2-3) to experience a non-harvesting “stand”. Have cameras ready, as you never know what may come in.

WILD SKILLS Level 3

Empower yourself with skills that will help you be more confident and comfortable in the outdoors. In this class, you will learn to read the landscape and discover the resources at hand that can help you make fire, build shelter, and seek food and water in a wild setting. Whether for survival situations or inspired camping, the hands-on activities in this class will help you confidently face any outdoor situation with the best tools and the right attitude.