

# Arizona Becoming an Outdoors-Woman Winter Workshop: Held January 20-22, 2023

October 28th, 2022



by Linda Dightmon  
Photos courtesy Tanja Eiben

Registration is now open for the Arizona winter workshop.

The Arizona winter BOW will be held January 20-22, 2023. We will return to the Triangle Y Ranch Camp run by the YMCA of Southern Arizona. This venue is located near Oracle AZ on the north side of the Catalinas. There are breathtaking views of the Galiuro as well as the Santa Catalina Mountains.

Becoming an Outdoors Woman (BOW) is a program started by Christine Thomas, Ph.D., Associate Professor of Resource Management at the University of Wisconsin-Stevens Pointe. The first BOW clinic was conducted in Wisconsin in September 1991. Arizona's Becoming an Outdoors-Woman is a non-profit program that offers hands-on outdoor workshops held in a safe, supportive atmosphere with patient and enthusiastic instructors — no experience necessary. BOW is for adult women of all fitness levels. The Arizona BOW is sponsored by the Arizona Wildlife Federation with support from the Arizona Game & Fish Department.

The workshop begins Friday noon and ends Sunday noon. There will be four sessions during the weekend with six choices for each one. Classes range from outdoor photography to javelina hunting. The Triangle Y has a giant climbing tower and zipline — if you dare. Perhaps classes on archery or Arizona edible plants are more suited for you. We will also be offering caving, axe-throwing and gold panning at this unique venue. **Brand new classes for this workshop include Gun Dog Training and Knots and Knives with a hands-on focus in each class.**

Evenings will feature local speakers, wildlife bingo and campfires. Cost for the entire weekend is \$425. Food, lodging and class materials are provided. Don't wait — this one always fills up fast!

Check it out at <https://azwildlife.org/bow/>.

(Possible sidebar)

Save the dates!

Friendly Pines Camp, near Prescott AZ

Spring BOW workshop April 28 -April 30, 2023

Fall BOW workshop September 8-10, 2023

